

CHELMSFORD BREW CO.

12k trail run

& rum

TR turn right, **RHFE** right hand field edge, **RHS** Right hand side, **FC** field corner, **SA** straight ahead, **X** cross, **B** Bridge
TL turn left, **LHFE** left hand field edge, **LHS** Left hand side, **FP** footpath, **BW** bridleway, **Rd** road, **WB** wooden bridge

→ Exit the bar, **X Rd** when safe to do so. **TL** downhill on Waterloo Lane passing car park on shared **FP/cycle**

0.2k Cross **B** over river. **TR** onto **FP**

0.4 **X** Bond St. Keep river on **RHS**. Annonay Walk becomes Empire Walk. Go under road bridge

0.75 **TL** before fence/spiral staircase area to follow **FP** on **RHS** of car-park

0.9 **TR** onto Wharf Road. **X** road when safe to do so. Join shared **FP**. **TR** to keep canal on your **LHS**.

1.4 At junction **TL**. After humpback **B**, **TR** onto **FP** following diversion signs

2.1 Go down thro' underpass on split cycle path/**FP**

2.56 **TR** on Mill View Road

2.84 Follow **FP** to riverbank path. **TL** to keep river on your **RHS**

4k **X Rd** to stay on **FP**

4.25 **TR** onto Brooks End Road

4.45 **TL** onto Sandford Mill Lane

5.18 **TR** onto Maldon Road (then use footpath until after the farm shop)

5.78 **X Rd** at traffic island. Head towards Chelmsford

5.95 **TL** onto Baddow Hall Avenue (follow grass single track)

6.2 Exit grass/ woods onto road. Go down **FP** between houses.

At metal railing **TR** onto Pawle Close

6.4 **TR** onto Barrington Close. At end join **FP**. Sharp **TR** onto wider

FP/Cycle route (The Bringey). Go through underpass

6.89 **TL** at corner of Baddow Hall School on **FP**

7.2 **TL** at end onto Church St. **X Rd** at Chelmsford Brewery sign into industrial estate.

Continue to the bar! (*Report to Alex, sign in, then order your drink & race number marked.*)

Let Alex know when you are about to set off again)

7.4 → Exit bar and retrace steps to Baddow Hall School

7.75 **SA** to go through gate into park. **SA** to BMX bump track. **SA** to path in **FC**, then follow trail to the **LHFE** to exit park (towards the fire station)

8.2 **SA** then **TR** to **X Rd** to Londmead Avenue, use the traffic island. **SA** on Londmead Avenue

10k **TR** to stay on Meadgate Avenue. **TL** on **FP** towards the Army and Navy roundabout.

Use the underpass to get to ALDI. Stay on Parkway

10.8 **TR** into Baddow Road / car parks. Go through car park to riverside **FP** then **TL**

11.1 **TR** over **B**. Then sharp **R** onto French's Walk **FP**. Don't cross **B**, bear **L** to keep river on **RHS** and head into city centre. Pass 'Pop World' keeping river on **RHS**

11.6 **X** Bond Street, **TL** and follow Road / **FP** towards car park / 'John Lewis' then **SA** on Bond Street

11.85 **TL** and uphill on Waterloo Lane. **X Rd** to finish inside the **Voodoo Keller Bar**

12k Bottom of Stairs (*Check in with Matt to record your finish time, then proceed directly to rum O'clock!*)

