

MSM - The Trifarm 10k WINTER Trail Run

Event Date: 2024-12-29

Rankings		Race Format: tr10k				Rate	PostLag	*Rems
Gndr	Open	Name	BIB		Duration	m/s	% Gndr	
Female Result Category								
1	7	Jenni Tomblin	46		01:02:09	2.68		
2	9	Nichola Law	29		01:05:20	2.55	5.12	
2	9	Karen Stratton	44		01:05:20	2.55	5.12	
2	9	Rachel Pearsons	36	Braintree & District AC	01:05:20	2.55	5.12	TR: 1/1
5	16	Irina Sanders	40		01:09:50	2.39	12.36	
6	17	Lydia Beard	2	Chelmer Road Runners	01:10:21	2.37	13.20	TR: 1/1
7	19	Emma Fair	14		01:13:05	2.28	17.59	
8	20	Jane Roach	37	Halstead Road Runners	01:13:14	2.28	17.83	TR: 1/1
9	22	Maud Forsey	18	Essex Boot Camp RC	01:13:27	2.27	18.18	TR: 3/3
10	23	Penelope Hilton	23	Random Runners	01:19:39	2.09	28.16	TR: 1/2
11	25	Kim Faure	16	Vegan Runners (UK)	01:23:16	2.00	33.98	TR: 1/1
12	26	Maureen Wilson	47		01:23:23	2.00	34.16	
13	27	Megan Wilson	49	Witham RC	01:23:38	1.99	34.57	TR: 1/1
14	29	Clare Hills	22		01:23:53	1.99	34.97	
15	31	Miranda Forsey	17		01:24:02	1.98	35.21	
15	31	Claire Buckley	4	Nuclear Races Striders	01:24:02	1.98	35.21	TR: 1/1
17	33	Jenny Burton	5		01:24:32	1.97	36.02	
18	34	Claire Ellis	13		01:24:38	1.97	36.18	
19	35	Samantha Core	10		01:38:58	1.68	59.24	
19	35	Vicky Malmjö	31		01:38:58	1.68	59.24	
21	37	Sharon Hood	27	Flyers Southend	01:41:13	1.65	62.87	TR: 1/2
21	37	Kat Hunt	28	Flyers Southend	01:41:13	1.65	62.87	TR: 1/2
23	39	Jane Simia	42		01:42:22	1.63	64.72	
Male Result Category								
1	1	David Allen	11	Great Bentley RC	00:51:52	3.21		TR: 1/1
2	2	David Church	8	Multisport-Management	00:53:00	3.14	2.19	TR: 1/2
3	3	Brendan Toal	45		00:54:18	3.07	4.69	
3	3	Sam Allen	1		00:54:18	3.07	4.69	
5	5	Michael Stagg	9		01:01:39	2.70	18.86	
6	6	Minh Nguyen	33	Essex Boot Camp RC	01:01:54	2.69	19.35	TR: 1/3
7	8	Conor Farrell	15	Essex Boot Camp RC	01:05:00	2.56	25.33	Best Outfit!!
8	9	Oliver Bush	6		01:05:20	2.55	25.96	
8	9	Francis Pardoe	34		01:05:20	2.55	25.96	
8	9	Simon Robinson	38		01:05:20	2.55	25.96	
11	15	Guy Hammond	52	Mid Essex Casuals	01:05:40	2.54	26.61	TR: 1/1
12	17	Roger Beard	3		01:10:21	2.37	35.63	
13	20	Len Marten	32	Tiptree Road Runners	01:13:14	2.28	41.20	TR: 1/1
14	23	Andrew Hilton	24	Random Runners	01:19:39	2.09	53.56	TR: 1/2
15	27	Alexander Wilson	48		01:23:38	1.99	61.24	
16	29	Simon Hills	21		01:23:53	1.99	61.73	
17	39	Craig Simia	43		01:42:22	1.63	97.36	
18	41	Graham Lee	101	Multisport-Management	01:42:24	1.63	97.43	TR: 2/2